



Review article

# Host and malaria parasite factors associated with disease susceptibility and severity

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Received 12 March 2023; Received in revised form 8 April 2023

Accepted 15 August 2023; Available online 3 October 2023

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## ABSTRACT

Malaria remains one of the major global public health problems despite a decline in its incidence in recent years. Both parasite and human host-related factors play significant roles in malaria susceptibility, pathogenesis, and disease severity. Among the six malaria species that infect humans, *Plasmodium falciparum* has a unique capacity to infect host erythrocytes and develop a variety of surface antigens during this intra-erythrocyte stage to evade host immunity. Polymorphisms of the gene encoding *Plasmodium falciparum* erythrocyte membrane protein 1 (PfEMP1) results in severe pathogenesis and clinical manifestations. Among the host-related factors, the polymorphisms of the genes encoding proteins involved in immune functions (immunomodulatory proteins, toll-like receptors) and the binding of malaria parasites to host cells (cytoadhesion proteins) are the key proteins involved in malaria pathogenesis and severity. Results of various reports for the relationship between the polymorphisms of both parasite and host genes and malaria susceptibility, pathogenesis and disease severity are, inconclusive, depending on endemic areas and observation periods under investigation.

**Keywords:** malaria, host factors, immunomodulation, cytoadhesion

## Introduction

Malaria remains one of the major global public health problems despite a decline in its incidence in recent years. In 2018, 3.2 billion people were at risk of malaria infection, with an estimated 219 million cases and 435,000 malaria-related deaths.<sup>1</sup> Over 90% of death cases were reported from sub-Saharan Africa, most of which are children under five years of age. Malaria is caused by the infection of Plasmodium protozoa, a blood-borne disease transmitted by the female Anopheles mosquito. Six species of the malaria parasite can infect humans, *i.e.*, *Plasmodium falciparum*, *Plasmodium vivax*, *Plasmodium ovale curtisi*, *Plasmodium ovale wallikeri*, *Plasmodium malariae*, and *Plasmodium knowlesi*. Acute flu-like symptoms are due to the rupture of infected parasites from hepatocytes into blood stream. Severe complications with vascular compromise and organ involvement can be found in some cases, particularly with *P. falciparum* infection.<sup>2</sup> The infections with *P. vivax*, *P. ovale*, and *P. malariae* cause milder disease manifestations that are generally not fatal. *P. vivax* malaria is the most geographically widespread, and the second prevalent cause of global malaria. *P. vivax* and *P. ovale* have the potential to cause relapse after several years due to persistent liver stages.<sup>3,4</sup> The key components of malaria control programs are currently based on early diagnosis and the use of effective antimalarial drugs. Other control measures include disease surveillance, landscaping measures, and innovative vector control.<sup>5</sup> Through various elimination efforts, particularly by the World Health Organization (WHO) Global Malaria Eradication Program, malaria has been eliminated in some areas with low levels of transmission.<sup>6</sup> Nevertheless, the main problem that limits the effective malaria control or elimination is the emergence and spread of *P. falciparum* to most of the available antimalarial drugs.

## Factors associated with malaria susceptibility and severity

Both parasite and human host-related factors play significant roles in malaria susceptibility, pathogenesis, and disease severity. *P. falciparum* has a unique capacity to infect host erythrocytes and develop a variety of surface antigens during this intra-erythrocyte stage to evade host immunity. Among the host-related factors, the polymorphisms of the genes encoding proteins involved in immune functions and the binding of malaria parasites to host cells have been the research focus in recent years to understand malaria pathogenesis and severity and exploited the knowledge for malaria control. Results of various reports for the relationship between the polymorphisms of these genes and malaria susceptibility, pathogenesis and disease severity are, however, conflicting, depending on endemic areas and observation periods under investigation.

## Parasite factors

Malaria virulence is the ability of *Plasmodium* parasite, particularly *P. falciparum*, to express variant antigens on infected red blood cell's surface, which enables the elusion of antibodies developed by the human host. PfEMP1 (*Plasmodium falciparum* erythrocyte membrane protein 1), is the most critical protein that is responsible for cytoadherence of infected erythrocytes to the vascular endothelium of the host and lead to lethal cerebral malarial. *PfEMP1* gene (200–400 kDa) is encoded by a family of the polymorphic *var* genes.<sup>7,8</sup> Two-exons of *var* genes encode a semi-conserved C-terminus (contains a predicted transmembrane region), and a highly polymorphic extracellular N-terminus. This part has a modular structure containing various numbers of Duffy-binding-like and cysteine-rich domains which are involved in sequestration of the infected erythrocytes.<sup>9,10</sup> The activation and silencing of *var* gene expression are epigenetically regulated, but the molecular

basis of this expression remains unclear.<sup>8</sup> Several host receptors have been shown to interact with PfEMP1 and subsequently lead to severe manifestation through resetting and sequestration.<sup>11,12</sup>

Approximately 60 *var* genes are distributed as clusters on fourteen chromosomes. The genes are classified into three groups based on the conserved sequence upstream of the coding region (Fig. 1). Group A *var* genes are located in the subtelomeric areas and are involved in the pathogenesis of severe malaria.<sup>13</sup> Group B *var* genes are found both within chromosomes and at the subtelomere region. Group C *var* genes are confined only in internal chromosomal areas of chromosomes 4, 7, 8, and 12.<sup>14</sup> In addition, two intermediate groups (B/A and B/C) are defined based on the presence of one of the 5' upstream sequences and the position and orientation of the genes within a genomic context.<sup>15,16</sup> Although PfEMP1 is highly polymorphic, all forms share similar structures consisting of N-terminal segment (NTS), Duffy-Binding like (DBL), and cysteine-rich interdomain regions (CIDR) that are encoded from the first exon. The second exon is semi-conserved and encodes the intracellular component of PfEMP1. The DBL domains are subdivided into six major classes (DBL- $\alpha$ ,  $\beta$ ,  $\gamma$ ,  $\delta$ ,  $\epsilon$ , and  $\zeta$ ). The CIDR domains are subdivided into four classes (CIDR- $\alpha$ ,  $\beta$ ,  $\gamma$ , and  $\delta$ ); each class consists of subclasses.<sup>17</sup>

Among the 60 *var* genes family, only one is expressed during the time when the parasites give rise to an antigenically distinct PfEMP1 variants.<sup>18</sup> The switching of *var* gene expression in each new asexual blood-stage cycle results in antigenic variation of the malaria parasite that helps in evading the immune response and may result in new adhesion phenotype.<sup>19</sup> The expression of PfEMP1 on the surface of infected erythrocytes is known as membrane protrusions called knobs.<sup>20</sup> The knobs are complex molecules involved with multiple

host and parasite molecules, including KAHRP (knob-associated histidine-rich protein).<sup>21</sup> The role and function of knob formation remain unclear. However, the expression of PfEMP1 is likely to be modulated by host immunity.

The sequence analysis of DBL $\alpha$  diversity suggests 40-70% and 46-50% conservation of amino acid sequences in *P. falciparum* laboratory strains and Asia Pacific field isolates, respectively.<sup>22-24</sup> Association between parasite rosetting phenotype and the expression of Group 2 PfEMP1-DBL $\alpha$  sequences was reported in *P. falciparum* isolates in Kenya.<sup>25</sup> The association between *var* genes expression and severity of malaria infection was reported from the isolates from French Guiana, Papua New Guinea, Brazil, Tanzania, and India.<sup>26-34</sup> For the isolates in Thailand, PfEMP1-DBL  $\alpha$  domains are highly diverse, but no difference was found between clinical isolates collected from patients with severe and uncomplicated malaria.<sup>35</sup> A high rate of *var* gene exon mutations has been shown to mainly occur during the asexual stage of the parasite life cycle.<sup>14</sup>

## Host factors

### Cytoadhesion molecules

Parasite cytoadherence is an important process associated with cerebral malaria and malaria severity. Several hypotheses have been proposed to explain the mechanisms of cytoadherence. Host receptors play an important role in the adhesion of infected red blood cells to vascular endothelial cells. Several surface proteins and carbohydrates on the endothelial cells can serve as cytoadherence receptors such as CD36,<sup>36</sup> intercellular adhesion molecule 1 (ICAM-1),<sup>37</sup> endothelial protein C receptor (EPCR),<sup>38</sup> oncofetal chondroitin sulfate (CSA),<sup>39,40</sup> and ABO blood group antigen.<sup>41,42</sup>

CD36: Group B and C PfEMP-1 contain CIDR $\alpha$ 2-6 domain that binds to CD36.<sup>43</sup> CD36 is the class B scavenger

receptor<sup>44</sup> which plays a role in immunity (phagocytosis), fatty acid metabolism, and angiogenesis.<sup>45</sup> This protein is found in many tissues, allowing adhesion of infected red blood cells in different sites within the vascular endothelium.<sup>36</sup> Current knowledge on the role of CD36 in malaria pathogenesis remains controversial. It is believed that CD36 is a central receptor mediating severe malaria. It is shown to assist in creating a microenvironment that enhances the replication of *P. berghei* in mice.<sup>46</sup> In addition, it is also reported to play a role in host and parasite interaction on the immune system cells.<sup>47,48</sup> This interaction leads to avoidance of parasite splenic clearance<sup>47,49</sup> by reducing dendritic cell-mediated T-cell activation. On the other hand, the binding of infected red blood cells to CD36 is shown to facilitate parasites clearance by macrophages and thus, reducing the risk of development of high parasitemia.<sup>48</sup> The binding of infected red blood cells with CD36 on platelets is required for the formation of platelet-mediated clumps, which are associated with severe manifestation of malaria infection.<sup>50</sup>

Reports of the association between *CD36* gene polymorphism and clinical consequences of malaria pathogenesis and severity from various studies are controversial.<sup>51,52</sup> The study from Kenya showed the association between *CD36* 1264G (T1264G; *rs3211938*) and a 1.5-fold increase in the risk of malaria severity (odds ratio=1.5, 95%CI 1.03-2.18).<sup>53</sup> This finding was supported by the study showing a 1.49-fold increase in the risk of malaria severity (odds ratio= 1.49, 95% CI 1.09- 2.15).<sup>54</sup> Mutation at the position 188G ( T188G) resulted in a 8-fold increase in the risk of cerebral malaria in Sudan patients.<sup>55</sup> The study in Thailand suggested the link between 539delAC allele mutation and cytoadherence in severe malaria.<sup>56</sup> In contrast to these studies, heterozygosity of *CD36* T188G mutation was associated with protection from severe malaria in African ethnic (odds ratio=0.74, 95%CI 0.55-0.99).<sup>57</sup> Similarly,

heterozygote mutant allele of *CD36* T188G was also reported to protect from severe malaria in Indian patients (odds ratio=3.51, 95%CI 1.67-7.36).<sup>58</sup> No significant association between malaria severity and *CD36* polymorphism (*CD36* T1264G and other 70 SNPs) was found in 3,420 patients with severe and uncomplicated malaria from 66 ethnic groups.<sup>58,59</sup>

*Intercellular adhesion molecule-1 (ICAM-1)*: ICAM-1 or CD54, is a member of the immunoglobulin superfamily which is expressed on the surfaces of several host cells, particularly the brain endothelial cells. The pro-inflammatory cytokines upregulated ICAM-1 expression.<sup>60</sup> ICAM-1 functions as a binding receptor to PfEMP1, specifically to subclasses of DBL $\beta$  domains in Group A, B, and C.<sup>61,62</sup> It is proposed to play an essential role in parasite sequestration in vascular endothelial cells, leading to severe and cerebral malaria.<sup>63-66</sup> Besides, ICAM-1 also binds to lymphocyte function-associated antigen (LFA)-1 on the leukocyte cell surface,<sup>67</sup> resulting in increased permeability of leukocytes through blood-brain-barrier and thus, enhanced activation of natural killer cells during *P. falciparum* infection.<sup>68</sup>

The relationship between ICAM-1 polymorphism and the clinical consequences of malaria pathogenesis and severity is unclear. The investigation in rodent malaria revealed the association between malaria severity and ICAM-1-mediated cytoadherence in *P. berghei*- and *P. chabaudi*-infected mice.<sup>46, 69</sup> In addition, a study in ICAM-1 mutant mice also demonstrated the association between vascular occlusion in cerebral malaria and the expression of ICAM-1 on leukocytes, but not endothelial cells.<sup>70</sup> *In vitro* study showed the prevalence of binding of *P. falciparum* isolates from African children with cerebral malaria to ICAM-1,<sup>71</sup> but not the isolates from Asia.<sup>72,73</sup> Recently, infected red blood cells have been shown to bind to ICAM-1 as well as other receptors at a similar level, without association with malaria severity.<sup>74</sup>

The association between ICAM-1 expression and severity of *P. falciparum* infection was observed in the organs of fatal cases in one study,<sup>63</sup> while no association was found in other studies.<sup>71,75</sup> Increased susceptibility to cerebral malaria was reported in Kenyan patients with K56M mutation of *ICAM-1* (*ICAM-1<sup>Kilifi</sup>* or *rs5491*) (odds ratio 1.55, 95%CI 1.17-2.01).<sup>76</sup> On the other hand, the study in Gabon showed a protective effect from this mutation (odds ratio= 0.54, 95% CI 0.34- 0.84).<sup>77</sup> The mutation of *ICAM-1* at *rs5498* (exon 6) G allele was associated with increased risk of severe malaria in Indian population (odds ratio 1.91, 95%CI 1.05-3.49).<sup>51</sup> In contrast to these studies, subsequent studies of *ICAM-1<sup>Kilifi</sup>* in Gambia,<sup>78</sup> Thailand,<sup>79</sup> Senegal,<sup>80</sup> Nigeria<sup>81</sup> and Kenya<sup>53,82</sup> reported no significant association with malaria severity. Genetic surveillance study of *ICAM-1<sup>Kilifi</sup>*, *rs5498* and other SNPs in Gambia, Malawi and Kenya also showed no significant association between ICAM-1 and malaria susceptibility.<sup>59</sup>

**Endothelial protein C receptor (EPCR):** EPCR is an essential receptor for PfEMP1 proteins contain DBL $\alpha$ 2-CIDR $\alpha$ 1.1-DBL $\beta$ 12-DBL $\gamma$ 4/6, DBL $\alpha$ 1.7 and CIDR $\alpha$ 1.4, which are known as domain cassette 8 and 13, respectively.<sup>38</sup> These two variants of PfEMP1 are commonly bound to endothelial cells of the lung, heart, and bone marrow<sup>83</sup> and are expressed at high levels in *P. falciparum* isolates from patients with severe and cerebral malaria from African children and Indian adults.<sup>84-88</sup> The association with cerebral malaria is explained by selective binding of infected red blood cells to brain endothelial cells which highly express these domain cassettes.<sup>89</sup> However, the linkage between the receptor binding and cerebral malaria is not well understood.

In contrast to the endothelial cell-bound EPCR which activates protein C, the soluble form of EPCR (sEPCR) inhibits the activation of protein C by competing for protein C with endothelial cell-bound

EPCR. sEPCR can bind to infected red blood cells and inhibit their adhesion to human brain microvasculature endothelial cells.<sup>90</sup> Mutation of *EPCR* at *rs867186*-GG, and protection from malaria was reported from Thailand.<sup>91</sup> This *EPCR rs867186*-G allele markedly increased plasma sEPCR levels.<sup>92-94</sup> The *rs867186*-GG genotype was associated with increased plasma sEPCR level and, although the reduced level was associated with severe malaria in Ugandan children.<sup>95</sup> No association between *rs867186*-G variant and malaria severity was found in African children.<sup>96,97</sup>

**Complement receptor 1 (CR1):** CR1 is a complement receptor found on the surface of erythrocytes and most leucocytes. This receptor has been proposed to play an important role in the pathogenesis of severe anemia and cerebral malaria, and acts as an alternate receptor for *P. falciparum* to invade red cells.<sup>98</sup> The CR1 contains 30 short consensus repeats which are divided into four long homologous regions (LHR A, B, C, and D). The *CR1* polymorphism involves size, quantitative, and sequence polymorphisms. The deletion or duplication of LHRs during unequal cross results in size polymorphisms<sup>99,100</sup> known as size variants CR1\* 1- 4.<sup>101, 102</sup> Quantity of the receptor presented on the red cells varies and is regulated by putative co-dominant alleles L (low expression) and H (high expression), which give rise to low (LL), intermediate (HL), and high (HH) expression phenotype.<sup>103</sup> CR1 carries the antigens for the Knops blood group system, *i. e.*, Knops (*Kn<sup>a/b</sup>*), McCoy (*McC<sup>a/b</sup>*), Swain-Langley (*Sl1/2*), and York (*Yk<sup>a</sup>*), with several single nucleotide substitutions.<sup>98,104</sup> The *rs11118133* T allele was found to correlate with the decrease in rosetting of malaria parasite with erythrocytes.<sup>11,12</sup> This mutation and association with protection against cerebral malaria and the decrease in disease severity were reported from Papua New Guinea.<sup>105,106</sup> The *rs2274567* G allele was associated with a decrease in sialic-acid-independent malarial invasion of red cells.<sup>107</sup>

The relationship between *CR1* polymorphism and *CR1* level is unclear.<sup>108-111</sup>

### **Immunomodulatory molecules**

**Tumor necrosis factor- $\alpha$  (*TNF $\alpha$* ):** *TNF $\alpha$*  is a pro-inflammatory cytokine released from activated endothelial cells through the interaction of infected red cells binding to EPCR. The process then triggers the pathogenesis of severe malaria, including cerebral malaria. High levels of cytokines, particularly *TNF $\alpha$* , are observed in blood and brains of patients and animals with cerebral malaria.<sup>112</sup> In the *in vitro* study, exposure to *TNF $\alpha$*  induced the activation of endothelial cells and pro-adhesion factors that led to the increase in the binding of infected red blood cells to human and mouse brain microvascular cells.<sup>113,114</sup> *TNF $\alpha$*  was shown to be responsible for parasite killing and thereby, reduction of parasitemia.<sup>115</sup> High serum *TNF $\alpha$*  level was associated with parasite clearance and low parasitemia.<sup>116</sup>

Several single nucleotide polymorphisms (SNPs) of *TNF $\alpha$*  promoter regions have been reported. These SNPs are associated with *TNF $\alpha$*  gene expression/production<sup>117-120</sup> and control of parasitemia and IgG level.<sup>120-124</sup> The polymorphisms at -238 (*TNF $\alpha$* -238), -244 (*TNF $\alpha$* -244), -308 (*TNF $\alpha$* -308), -857 (*TNF $\alpha$* -857), -863 (*TNF $\alpha$* -863), -1031 (*TNF $\alpha$* -1031) and -376 (*TNF $\alpha$* -376) resulted in high *TNF $\alpha$*  level in plasma and serum of malaria patients.<sup>125</sup> Besides, the *TNF $\alpha$* -308 allele mutation was found to be associated with high serum *TNF $\alpha$*  level in severe malaria.<sup>126</sup> The *TNF $\alpha$* -238 polymorphism was associated with severe malaria in Gambia<sup>127</sup>.

**Lymphotoxin  $\alpha$  (*LT $\alpha$* ):** *LT $\alpha$* , formerly known as *TNF $\beta$* , is produced by T and B lymphocytes.<sup>128,129</sup> Its structure is similar to *TNF $\alpha$*  with 30% homology.<sup>130</sup> *LT $\alpha$*  is a soluble homotrimer which binds to *TNF* receptor 1 and 2 (*TNFR1* and *TNFR2*) similarly to *TNF $\alpha$* . However, both have some distinct molecular and biological differences.<sup>131,132</sup> *LT $\alpha$*  is expressed by CD4+ T helper type 1 (Th1) cells, CD8+ cells,

natural killer (NK) cells, B cells, and macrophages, and has crucial roles in the development and functioning of the immune system mainly in lymphoid organ development, organization and maintenance of lymphoid microenvironments, host defense, and inflammation.<sup>132</sup> *LT $\alpha$*  was shown to be involved in host defense against malaria infection in mice.<sup>133</sup>

**Transforming growth factor  $\beta$ 1 (*TGF $\beta$ 1*):** *TGF $\beta$*  isoforms are involved in immune responses to various pathogens, including *Plasmodium*.<sup>134</sup> *TGF $\beta$ 1* is a pro-inflammatory cytokine which is produced by leukocytes. It plays an important role in balancing parasite load and the host immune response.<sup>134</sup> In the animal model, low *TGF $\beta$ 1* level was observed at early infection, which promoted parasite clearance. At the later phase, the increase in *TGF $\beta$ 1* level was found, which played a role in host anti-inflammation or immuno-compromization.<sup>135</sup> Injection of recombinant *TGF- $\beta$ 1* or antibody neutralization to mice resulted in high and low *TGF- $\beta$ 1* levels at the early or late phase, which was associated with uncontrolled parasitemia and increased pathology.<sup>136</sup> Subsequent studies in infected patients showed that severe late-stage infection was associated with a significant reduction of serum *TGF $\beta$ 1* levels.<sup>137,138</sup> Altogether, these data suggest that severe malaria is resulted from uncontrolled immunopathology which exacerbates clinical responses.

**Interleukin family (*ILs*):** During malaria parasite infection, the interaction of infected red cells and endothelial cells stimulates inflammatory cytokine response, including the release of interleukins. In the early stage of malaria infection, *IL6* plays a role in malaria protection, but the increased level is associated with severe malaria.<sup>139</sup> Several interleukins have been reported to be associated with severe or uncomplicated malaria. *IL1 $\beta$* , *IL6* and *IL18* are up-regulated in severe malaria, whereas the anti-inflammatory cytokines *IL10* and *IL12* are down-regulated in severe malaria.<sup>140, 141</sup>

IL1 is an endogenous pyrogen and an inducer of the acute phase immune response. It is an important part of host immune response to malaria infection.<sup>142</sup> The *IL1* gene consists of two parts: interleukin-1 alpha (*IL1 $\alpha$* ) and interleukin-1 beta (*IL1 $\beta$* ).<sup>143</sup> The two polymorphisms, *IL1 $\alpha$* +4845 G/T and *IL1 $\beta$* +3953 C/T, were found to be associated with a mild degree of malaria in Gambian patients.<sup>144</sup>

IL4 is a key cytokine that regulates the expression of immunoglobulins in B cells.<sup>145, 146</sup> It induces the differentiation of naive helper T cells (Th0 cells) to Th2 cells. Upon activation by IL4, Th2 cells subsequently produce additional IL4 in a positive feedback loop.<sup>147</sup> The polymorphism of *IL4* promoter region (*IL4* -590 C/T) affected the production of IL4.<sup>148, 149</sup> *IL4*-524T and association with malaria protection was reported from West Africa.<sup>150</sup> Moreover, the *IL4* -589T mutation was associated with increased IgE levels in children with severe malaria in Burkina Faso.<sup>151</sup> The IgE levels were markedly increased in cerebral malaria children in Ghanaian patients who carried *IL4* -590T allele.<sup>152</sup> The *IL4* -590T allele was associated with high IgG levels in patients with severe malaria in Thailand.<sup>153</sup> Additionally, *IL4* -590 C/T polymorphism has been proposed to play a role in balancing IL4 and IFN- $\gamma$  activities and thus, alteration of malaria severity.<sup>154</sup>

IL6 is a pro-inflammatory cytokine produced by endothelial cells and antigen-presenting cells (APC) which plays a role in malaria clearance. Genetic variation of *IL6* is poorly investigated in malaria. The -174 C/G SNP of *IL6* gene was associated with the increased risk of uncomplicated *P. vivax* infection in Brazil.<sup>155</sup> IL6 level was found to be higher in patients who died from *P. falciparum* than those who survived. It was also associated with hyperparasitemia, jaundice, and shock.<sup>156</sup> Increased IL6 levels were found both in malaria patients with cerebral complication or renal failure.<sup>157</sup>

IL10 is produced by several cells such as B cells, Th1, Th2, Th17, and innate immune cells.<sup>158</sup> The IL10 secreted by CD4+ T cells inhibits T cells function and antigen-presenting cells (APCs) activities that lead to the suppression of the inflammation process.<sup>159</sup> On the other hand, IL10 produced by Th1 cells promotes infections to persist by suppressing Th1 cell-mediated immunity. Both functions of IL10 are essential to protect tissue damages by preventing excessive inflammation.<sup>160</sup> The evidence from animal studies suggested that IL10 is a molecule in controlling inflammatory responses and preventing tissue damage.<sup>158, 161-163</sup> The *IL10* -1082A/G polymorphisms resulted in low IL10 production and was associated with a decreased risk for clinical malaria.<sup>164,165</sup> High level of *IL10* was found in mild and severe malaria patients.<sup>166,167</sup> In Kenya children, the *IL10* haplotype (GCC: -1082G/-819C/-592C) resulted in high serum IL10 level which was associated with protection against severe malaria-related anemia.<sup>168</sup>

IL12 is a pro-inflammatory cytokine that plays an essential role in immune-regulation in malaria infection.<sup>169</sup> The *IL12* gene consisted of two subunits: *IL12A* and *IL12B*. The *IL12B* was found to be associated with high parasite density and severe malaria.<sup>170-172</sup> The polymorphism in the *IL12B* promoter region was associated with increased mortality in Tanzanian children with cerebral malaria, but not in Kenya children with severe malaria.<sup>173</sup> Moreover, the study in Kenya children revealed the association between the polymorphisms of *IL12A* (*rs2243140*) and its receptor *IL12 RB1* (*rs429774*) and the reduced risk of anemia associated with severe malaria.<sup>174</sup>

#### **Toll-like receptors (TRLs)**

Toll-like receptors (TLRs) are molecules of the immune system that recognize pathogen-associated molecular patterns (PAMPs). The binding to infected red blood cells and recognition of *Plasmodium* molecules such as glycosylphosphatidylinositol

(GPI) or hemozoin-DNA complexes can be triggered by several TLRs.<sup>175,176</sup> TLR2, TLR4 and TLR9 have recently been implicated in human malaria pathogenesis.<sup>177,178</sup>

TLR2 is expressed on the cell surface and is activated by a glycosylphosphatidylinositol (GPI) of the malaria parasite.<sup>176</sup> This *TLR2* gene is highly polymorphic, *e. g.*, TLR2  $\Delta$ 22 (insertion/ deletion polymorphism) or several GT repeats (GTn).<sup>179,180</sup> Deletion of *TLR2* (*TLR2*  $\Delta$ 22) was associated with host protection from cerebral malaria but had no effect on serum cytokine levels. The insertion of TLR2 polymorphism in the uncomplicated malaria was linked to elevated inflammatory cytokines.<sup>181</sup>

TLR4 is also expressed on the cell surface and is activated by bacterial lipopolysaccharides.<sup>161,182</sup> Thus, GPI may weakly activate *TLR4*.<sup>176</sup> Two non-synonymous mutations at *TLR4* D299G and T399I have been associated with various infectious and inflammatory diseases. Cohort studies in children in Ghana and in Kenya showed that these two polymorphisms were associated with severe and symptomatic malaria.<sup>183</sup> The mutations confer a hyporesponsive phenotype *in vitro*<sup>184</sup> but not in others.<sup>185</sup>

TLR9 is expressed in endosomal compartments, where it binds to and is activated by malarial hemozoin and/ or DNA.<sup>186,187</sup> Two polymorphisms in the promoter regions (*TLR9* - 1486T/ C and - 1237T/ C) were associated with severe malaria.<sup>188</sup> Moreover, *TLR9* +1174A/G was associated with an increased risk of symptomatic malaria and high parasitemia, whereas *TLR9* + 2848A/ G was associated with a reduced risk of malaria symptoms.<sup>189</sup>

### **Heme oxygenase-1 (HO-1)**

Heme oxygenase-1 (HO-1) is a human enzyme that degrades heme to generate biliverdin, carbon monoxide, and ferrous iron. It is a rate-limiting, inducible enzyme. It possesses anti-inflammatory effects and protects against severe malaria in mice.<sup>190,191</sup> *Hmox1* is the gene that encodes

HO-1. Possible association between HO-1 and malaria was investigated in several studies. Increase in enzyme expression during malaria infection was reported.<sup>192-194</sup> The association between the short (GT)n repeat alleles and risk of severe malaria was reported in clinical studies in Gambia, Myanmar, and Angola.<sup>195-197</sup> Lack of association between malaria severity and length of GT repeats was reported from the study in Thailand.<sup>198</sup>

### **Hemoglobinopathies**

Red blood cells are the target cells for malaria infection and propagation. The variants of red blood cells occur due to are polymorphisms of human genetics, which is believed to confer selective suppression of malaria evolution.<sup>199</sup> Hemoglobin is the oxygen-carrying protein of the red blood cells and is normally formed as a tetramer of two  $\alpha$ -globins and two  $\beta$ -globins, which constitute adult hemoglobin A (HbA). Red cell hemoglobinopathies such as HbS, HbC and HbE are caused by either the decrease of  $\alpha$ -/ $\beta$ -globins production or the abnormality of amino acid changes. Red cell hemoglobinopathies have been shown to be associated with the protection human host from malaria infection and severity. Individuals with homozygous HbS, HbC, HbE,  $\alpha$ -thalassemia and  $\beta$ -thalassemia genotypes were shown to be at low risk of developing severe and cerebral malaria, whereas those with heterozygous genotypes were at risk of mild to uncomplicated malaria.<sup>200</sup> It has been proposed that these red blood cell variants might occur due to unsuitable conditions for the malaria parasite to invade or proliferate. High oxidative stress together with low hemoglobin levels also impact the parasite growth. In addition, the inflexibility of the red cell membrane is favorable for phagocyte to engulf.<sup>201</sup>

The *in vitro* studies demonstrated a reduction in the invasion of the malaria parasite to red blood cells with  $\alpha$ -thalassemia trait, HbH, HbEE, HbAE, and heterozygous  $\beta$ -thalassemia/HbE disorders.<sup>202-205</sup> A reduction

in parasite growth and development in red blood cells was also observed with HbH,  $\beta$ -thalassemia minor, HbSS, HbAS, HbCC, HbEE, HbAE, and HbF.<sup>205-209</sup> However,

these findings were not supported by results of other studies.<sup>207, 210-213</sup>

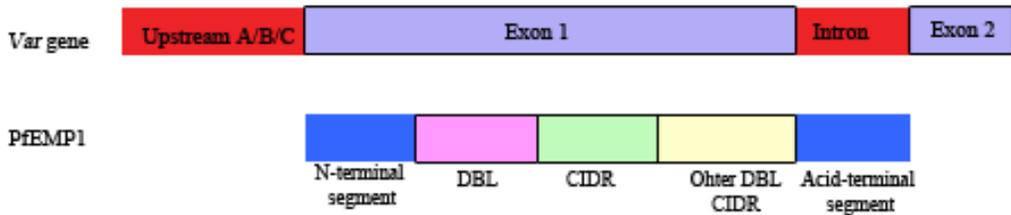


Fig. 1. The structure of var genes.

## Conclusion

Both parasite and human host-related factors play significant roles in malaria susceptibility, pathogenesis, and disease severity. Among the six malaria species that infect humans, *Plasmodium falciparum* has a unique capacity to infect host erythrocytes and develop a variety of surface antigens during this intra-erythrocyte stage to evade host immunity. Polymorphisms of the gene encoding *Plasmodium falciparum* erythrocyte membrane protein 1 (PfEMP1) results in severe pathogenesis and clinical manifestations. Among the host-related factors, the polymorphisms of the genes encoding proteins involved in immune functions (immunomodulatory proteins, toll-like receptors) and the binding of malaria parasites to host cells (cytoadhesion proteins) are the key proteins involved in malaria pathogenesis and severity. Results of various reports for the relationship between the polymorphisms of both parasite and host genes and malaria susceptibility, pathogenesis and disease severity are, inconclusive, depending on endemic areas and observation periods under investigation. Further studies are required to confirm these findings in various malaria-endemic areas.

## Acknowledgements

We thank Chulabhorn International College of Medicine (CICM) of Thammasat University, Center of Excellence in Pharmacology and Molecular Biology of Malaria and Cholangiocarcinoma of Thammasat University, the National Research Council of Thailand under the Research Team Promotion grant (grant number NRCT 820/2563) and the Thailand Science Research and Innovation Fundamental Fund fiscal year 2023 for the support of this research.

## Conflicts of Interest

The author declared no conflict of interest.

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