

**01 ANTIOXIDATIVE AND CYTOPROTECTIVE EFFECTS OF
PHYLLANTHUS URINARIA L. ON DOXORUBICIN-INDUCED
CARDIOTOXICITY**

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Cardiac toxicity is a major adverse effect caused by doxorubicin (DOX) therapy. DOX toxicity involves generation of reactive oxygen species (ROS). In this study, we investigated the antioxidative and cytoprotective effect of *Phyllanthus urinaria* (PU) against DOX toxicity using H9c2 cardiac myoblasts. Total antioxidant capacity of PU (1 mg/mL) was $5,306.75 \pm 461.62$ μ M FRAP value. DOX IC₅₀s were used to evaluate cytoprotective effect of PU ethanolic extract (1 or 10 μ g/mL) in comparison with ascorbic acid (VIT C, 100 μ M) and N-acetylcysteine (NAC, 100 μ M). PU treatments (1 or 10 μ g/mL) dose dependently caused rightward-shifted of DOX IC₅₀ to 2.8- and 8.5-fold, respectively, while treatments with VIT C and NAC increased DOX IC₅₀ by 3.3- and 4.2-fold, respectively. Further evaluation of cytoprotective effect showed that PU and the pure antioxidants completely inhibited cellular lipid peroxidation and caspase-3 activation induced by DOX (1 μ M). Endogenous antioxidant defense such as total glutathione (tGSH), catalase and SOD activity was also modulated by the antioxidants. PU treatment alone dose-dependently increased tGSH and this effect was retained in the presence of DOX. Similar effect was observed in catalase and SOD enzyme activity. The NF κ B transcription factor assay demonstrated that all antioxidants significantly inhibited DOX-induced NF κ B activation. Our results suggest that PU protected against DOX cardiotoxicity was mediated through multiple pathways and this plant may serve as alternative source of antioxidants for prevention of DOX cardiotoxicity.