

#### O4 ANTIOXIDANT AND HEPATOPROTECTIVE EFFECTS OF POLYGONUM ODORATUM.

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#### ABSTRACT

Oxidative stress has been implicated in the pathology of a variety of human diseases, such as ischaemic-reperfusion injury, atherosclerosis, diabetes mellitus and hepatic injury. A potential therapeutic intervention may include natural antioxidants<sup>1</sup>. Therefore we examined the antioxidant activity and hepatoprotective effect of *Polygonum odoratum* Lour. An ethanolic extract of dried whole plant of *P. odoratum* was used in all investigations. The free radical scavenging activity of the extract of *P. odoratum* was determined by a method based on the reduction of the stable free radical DPPH (1,1-diphenyl-2-picrylhydrazyl). The extract (0.01-1000 µg/ml) was found to scavenge DPPH in the dose-dependent manner with the maximum scavenging activity of 90.9 ± 1.01% and IC<sub>50</sub> of 14.5 µg/ml. The scavenging effect of *P. odoratum* on H<sub>2</sub>O<sub>2</sub> production within the rat white blood cells was investigated by using 2-7-dichlorodihydro fluorescein diacetate. The production of H<sub>2</sub>O<sub>2</sub> was stimulated by phorbol-12 myristate-13 acetate (0.65 µM). The extract (10 and 100 µg/ml) significantly inhibited the fluorescent signal of H<sub>2</sub>O<sub>2</sub> (n=5, p<0.05). In order to examine the hepatoprotective effect, ICR mice were pretreated with the extract (0.5, 1 and 2 g/Kg/d) for 3 days before an induction of hepatic injury by an injection of paracetamol 200 mg/kg, intraperitoneally. The plasma levels of liver enzymes, ALT and LDH in the control group (no treatment but given paracetamol) were 14587 ± 1293 and 29187 ± 2469 U/L respectively (n=23). Only the group received 1 g/Kg/d of the extract had the level of ALT and LDH (7726 ± 1452 and 14285 ± 2565 U/L respectively, n=16) significantly lower than the control group. It was concluded that the ethanolic extract of *P. odoratum* has the free radical scavenging activity, the inhibitory effect on the production of peroxide in cells and the hepatoprotective effect.

#### Reference

1. Maxwell SRJ. Prospects for the use of antioxidant therapies. Drugs 1995; 49: 345-361.